

IM Hip Trainer

Directions for Use



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The IM Hip Trainer (375-34501) is a full-size, lifelike reproduction of a human hip. It is specifically designed for the training of intramuscular injections.

The manufacturing excellence of this trainer should provide years of training usage when reasonable care and maintenance is practiced.

Laerdal Recommends:

21 gauge needle or smaller for injections

Items Included:

- Hip Simulator
- Laerdal Global Warranty Booklet
- Directions for Use

Skills Taught:

- Administration of medication via dorsogluteal injection
- Allows for visualization of internal anatomy
 - Sacrum
 - Innominate
 - Upper femur
 - Coccyx
 - Sciatic nerve
 - Sacral plexus
 - Gluteus maximus
 - Gluteus medius
 - Femoral artery
 - Femoral vein
 - Femoral nerve

Preparing the simulator for use:

1. Place muscle and bone inside skin until it fits snugly.
2. Fasten Velcro[®] strap to keep bone and muscle in place.

Instructions for use:

1. Use the smallest gauge needle possible to demonstrate injection technique. We suggest a 21 gauge or smaller.
2. Water or other innocuous material may be used in the syringe if desired. Do not use saline solution; it can deteriorate the material of the hip.
3. After use, squeeze out water, but do not twist.
4. Leave in a well ventilated area to dry.

Care and Maintenance:

1. Clean with mild soap and water; do not submerge trainer or parts in cleaning fluids or water.
2. Use only on clean surface. Avoid felt tipped markers, ink pens, acetone, iodine or other staining products and avoid placing the trainer on newsprint or inked lines of any kind.
3. To ensure longevity, the trainer should be cleaned after each training session and a general inspection should be conducted regularly.
4. Modules and all other parts should be drained and air-dried thoroughly before storage and disinfected when needed.
5. Articulating parts will benefit from a light application of talcum powder prior to training sessions.
6. Store properly between teaching sessions.



Cautions and Warnings

This product contains **Natural Rubber** latex which may cause allergic reactions when in contact with humans.

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